

Don't panic. Take care to remove a tick *properly;* in fact, some experts say if you don't have tweezers, it is best to leave the tick attached until you can remove it in the correct manner. Improper removal may cause the tick to "spit" any organism it could possibly be carrying into your body.

Never twist, turn, squeeze or squish an attached tick as it may contain infectious agents.

Do not burn a tick with a hot match or scrape a tick off. Do not apply any substance such as nail polish remover, petroleum jelly, gasoline or soap to the tick.